

TIMOTHY ALAN BIRT MS, MPA, NCC, CCMHC, EAS-C, LPC, LMFT
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PROFESSIONAL

Licensed Professional Counselor

Alabama Board of Examiners in Counseling, License No. 3077

Georgia State Board of Professional Counselors, Social Workers, & MFT, License No. LPC006956

Licensed Marriage and Family Therapist

Alabama Board of Examiners in Marriage and Family Therapy, License No. 380

Georgia State Board of Professional Counselors, Social Workers, & MFT, License No. MFT001269

National Certified Counselor

National Board for Certified Counselors, Cert. No. 95510, Sept. 29, 2005

Certified Clinical Mental Health Counselor

National Board for Certified Counselors, Cert. No. 95510, Oct. 13, 2012

Clinical Fellow

American Association for Marriage and Family Therapy, Cert. No. 14599, Nov. 30, 2012

Employee Assistance Specialist – Clinical

Employee Assistance Professional Association, Oct. 15, 2015

EDUCATION

Master of Science - Counseling Psychology

Troy University – Phenix City, May 2005 GPA 4.0 (4.0 scale). Program: Clinical Mental Health

Internship: East Alabama Mental Health Center: Brief Intensive Treatment: Therapist - Intern: Jan. 2004 – May 2005

Practicum: East Alabama Mental Health Center: Adult Day Treatment: Student Therapist, Aug. 2003 – Dec. 2003

Post Graduate

Auburn University, Graduate School, Human Development & Family Studies Marriage & Family Therapy Program

Additional Post Graduate Work: Marriage & Family Therapy, Couples Therapy, Trauma & Addictions, Structural Therapy,

Emotion Focused Family Therapy, Family Therapy Theories. Aug. 2005 – Dec. 2007.

Master of Public Administration, Phi Kappa Phi with Distinction and Honors

J. Willard & Alice M. Marriott Graduate School of Management, Brigham Young University, April 1989

Concentration: Public Management. Sub-specialties: City Management, Finance, and Personnel. GPA 3.8 (4.00 scale)

Bachelor of Science

School of Management, Brigham Young University, April 1987

Major: Business Management—Mgt. Science/Operations Research. Minor: Business Composite-Finance, Marketing,

Accounting. Significant course work in computer science, political science, finance, marketing, and inventory management.

EXPERIENCE

Therapist / Director

Counseling and Therapy Services, LLC

Counseling and Therapy Services is a private practice in counseling established by Timothy Birt, 08/2014 - Present.

Accomplishments:

- Child, adolescent, & family therapy, individual, couples & therapy
- Providing psychosocial assessments of couples referred by district court for domestic violence
- Crisis psychosocial assessment, referral, and intervention for referred clients
- Training for mental health, medical, education, and social services.

**Director of Children's Services
Montgomery Area Mental Health Authority**

12/2012 - 08/2014. MAMHA 501c3 non-profit community mental health organization in Montgomery, Alabama.

Accomplishments:

- Child, adolescent, & family therapy with a diverse caseload.
- Clinical supervision of 10 child / adolescent therapists in five programs.
- Supervised staff of 11 providing school based, in-home team, clinic based and juvenile court therapy to children
- Provided crisis evaluations, intake, treatment plans, treatment plan review, safety planning for children/adolescents
- Program development, training, supervision, and performance evaluation
- Training for mental health, medical, education, and social services.
- Supervised School Based Mental Health program in Montgomery Public Schools
- Received certifications from State Mental Health on all child's clinical programs
- CANS trainer, Multi-Needs Committee Chair, In-home services and case management supervision training

Therapist / Consultant

Circle of Care Center for Families & Counseling and Therapy Services, LLC

Counseling and Therapy Services, LLC is a private practice in counseling established by Timothy Birt

Providing contract and therapy services for Circle of Care Center for Families and private clients

04/2012 - 12/2014. Circle of Care is a 501c3 non-profit organization in Valley, Alabama.

Accomplishments:

- Child, adolescent, & family therapy, individual, couples & therapy
- Providing psychosocial assessments of couples referred by district court for domestic violence
- Conducting group marriage communication skills building training – Alabama Healthy Marriage Initiative
- Crisis psychosocial assessment, referral, and intervention for referred clients
- Training for mental health, medical, education, and social services.

Executive Director

The Tri-County Children's Advocacy Center

Serving Child Victims of Sexual and Physical Abuse in Chambers, Randolph, & Tallapoosa Counties

01/2001 - 03/2012. 501c3 Non-Profit Organization. Offices in LaFayette, Dadeville, & Wedowee Alabama.

Accomplishments:

- Brought 95% increase \$101,000 in new grant funding and government appropriations and 20 new sources of revenue.
 - Tripled annual services provided to child victims with no increase in clinical staff.
 - Earned National Children's Alliance Accreditation for each of three county facilities (only center in state to do so).
 - Created prevention programs and services for professionals, schools, day care providers, and courts.
 - Provided training for over 10,000 professionals and students.
 - Provided financial management over budget on revenues, under budget on expenditures amid declining revenues.
 - Provided mental health treatment to families, children, adolescents.
- **Executive Responsibilities** Responsible for the operation of the non-profit organization including grant-writing, fundraising, personnel management, financial management, facility management, inter-agency coordination, program development, program evaluation, hiring and evaluating staff members, facility development, and assisting the Board of Directors in establishing and achieving goals and objectives.
 - **Supervisory Responsibilities** Supervised a staff of mental health professionals serving three counties. Structured and supervised organization's clinical and administrative functions including providing investigative interviews for child victims of sexual and physical abuse; providing therapy for child victims and non-offending parents, coordinating a multidisciplinary team composed of law enforcement, child protective services, prosecution, mental health, medical and child advocacy professionals in case review and cooperation in investigating and treating child abuse.
 - **Clinical Responsibilities** Developed clinical programs for the Center including establishing modalities of treatment, overseeing forensic interviews and evaluations; reviewing of treatment planning and progress of children and parents in therapy. Provided individual & family therapy with parents and children. Provided domestic violence screening for couples referred by court. Taught psycho-educational marriage communication groups.
 - **Program Development** Instituted the Center's Forensic Evaluation Program providing in-depth assessments of abuse allegations of children with limited initial disclosures based upon a national model. Developed and implemented organization's therapeutic programs providing individual, play, & family therapy for child victims of abuse, siblings of abuse victims, and non-offending parents of abused children. Developed Mandated Reporter Training Program.

- **Training:** Provide training for mandated reporters of child abuse helping them recognize and report signs and symptoms of abuse. Training provided to public school teachers in Chambers, Randolph, Tallapoosa County School Districts, Roanoke, Lanett, & Alexander City School Districts, Head Start; child care professionals at child care resource centers in Lee, Chambers, Randolph, Tallapoosa, and Coosa Counties, and other organizations such as Roanoke Hospital, Auburn University MFT students, Law Enforcement and the Department of Human Resources in Chambers and Randolph Counties. Online Safety Training for Kids 7-8th grades internet safety training / cyber-bullying.

Executive Director

Child Protect -- The Montgomery Area Children's Advocacy Center

Serving Child Victims of Sexual and Physical Abuse in Montgomery, Autauga, Elmore, Lowndes, & Chilton Counties
11/1999 - 01/2001; 501c3 Non-Profit Organization. Office in Montgomery, Alabama.

- **Improved Services for Child Victims of Abuse** by restructuring the focus of the organization toward the needs of child victims including timely forensic interviews, on-call services to DHR and Law Enforcement, expanded service areas for Child Advocate, creation of non-offending parent support groups, and the provision of extensive therapy for child victims.
- **Administrative and Executive Responsibilities** Supervised a staff of seven professionals. Had overall administrative responsibilities for the organization. Recruited and trained office manager, clinical director, child advocate, and development director.
- **Expanded Revenues and Funding Sources** by \$61,678 through special events, increased grant funds and seeking new funding sources. Prepared and conducted successful annual campaign, year-end campaigns and fundraisers. Prepared, analyzed, and managed a \$361,000 budget.
- **Improved Facilities** by selecting and leasing a 5,025 sq. foot building doubling the space for Child Protect in support of staff and programmatic needs.
- **Training** Received extensive training in directing children's advocacy centers and in child abuse issues. Helped create and fund training for Montgomery and Autauga Multidisciplinary teams. Provided training to multidisciplinary team members and to the public on child abuse related issues.

Therapist – Intern (Concurrent with employment at Tri-County Children's Advocacy Center)

East Alabama Mental Health and Mental Retardation Center

Brief Intensive Treatment (In-patient Crisis Stabilization Unit) 01/2004 - 05/2005; Opelika, Alabama.

Adult Day Treatment (Out-patient day clinic for individuals with MI and developmental disabilities) 08 2003 – 12/2003

- **Brief Intensive Treatment:** Conducted intake, testing, treatment planning, individual, group, & family therapy, discharge planning, & discharge coordination for consumers with mental illness, risk of self-harm, & developmental disabilities in an inpatient crisis stabilization unit.
- **Assessment, Treatment Planning, Discharge:** Created & implemented treatment plans for individuals in crisis with mental illness, dual diagnosis, & developmental disabilities. Monitored, evaluated consumer progress in achieving treatment plan goals. Completed reports, financial documentation, progress notes, discharge plans, and conducted discharges.
- **Clinical Responsibilities:** Provided clinical mental health therapy for consumers with mental illness, risk of self-harm, & developmental disabilities placed in an inpatient residential crisis stabilization unit. Treatment included individual therapy, behavioral interventions, testing, group therapy, family therapy, & educational activities.
- **Adult Day Treatment, Out-patient Clinic:** Provided individual and group therapy in an adult day treatment out-patient clinic for consumers with mental illness and with developmental disabilities.

Department of Health & Human Services, City of Long Beach, California

Administrative Analyst II, Public Health Bureau: 03/1998 – 10/1999.

- **Administrative and Programmatic Support** for Maternal & Child Health, Public Health Nursing, Tobacco Education, Laboratory Services, Women Infants & Children (WIC), and Occupational Health functions.
- **Grant Writing** Prepared Federal, State, County, and foundation grants, subcontracts, and MOU's. Prepared subcontracts and program standards for grantee agencies and programs.
- **Contract and Grant Management** for 28 public health and social service programs. Functions included fiscal and programmatic reporting, time studies, Federal financial participation requirements, site visits, and program audits.
- **Fiscal Analysis** Prepared, analyzed, and managed a \$15 million Public Health Bureau budget supporting 35 programs and employing 150 professionals. Assisted department in structuring and managing a new financial system tracking grants.
- **Program Implementation and Evaluation** Participated in the development and implementation of public health programs serving children and youth. Evaluated program and clinic effectiveness and compliance with regulations.

Community Development Department, City of Long Beach, California

Administrative Analyst II, Aug. 1991 – Feb. 1998 Assistant Administrative Analyst II, Oct. 1990-July 1991

Redevelopment Agency and Administrative Services Division, Management Assistant, 1989-90

Office of the City Manager, Management Assistant Training Program - *City Manager's Office*: October 1989 - January 1990. *Public Works Department, Administration*: January - March 1990. *Financial Management Department, Budget Office*: March - June 1990. *Community Development Department, Redevelopment Agency*: July - October 1989, July - October 1990

- **Program Management** Developed comprehensive programs for signage, contract management, and property disposition. Developed and managed \$700,000 per year downtown parking and customer service program serving over 200 retail businesses, offices, theaters, and government facilities. Managed vendor programs. Guided retail, entertainment and industrial projects through the redevelopment process. Negotiated disposition and development agreements for new commercial, retail, and industrial projects. Assisted projects through the environmental review process. Brought redevelopment project area plans through the adoption process.
- **Budget Preparation** Responsible for the development and tracking of the Redevelopment Agency's \$28 million operating budget governing eight project areas. Developed public presentations. Contracted out City services.
- **Community Involvement, Negotiation and Facilitation** Facilitated neighborhood/business participation in planning, prioritizing and goal-setting efforts. Negotiated service agreements, contracts, and development plans. Coordinated efforts to establish a Neighborhood Improvement Strategy focusing services on deteriorated areas. Facilitated planning sessions with neighborhood leaders, board members, and staff.
- **Policy Development** Authored and implemented an award-winning Downtown Parking Management Plan which changed development standards in the downtown area and provided incentives for downtown revitalization.
- **Training and Mediation** Trained City employees in team building and customer service delivery. Mediated problem solving and strategy development sessions between management and employees, residents and businesses.
- **Strategic Planning** Implemented a strategic planning process setting forth a bureau's visions and values. Helped mold the organization's goals, objectives, and performance measurements to meeting the organization's mission.
- **Customer Service Restructuring** Helped lead a program to identify internal and external customer needs and to restructure policies and procedures to reduce barriers to providing better customer service.

Institute of Public Administration, Graduate School of Management

Graduate Research Assistant, *Brigham Young University*. August 1988-June 1989

Office of the City Manager, City of Tulare, California

Administrative Intern, April-August 1988

Office of Management and Budget, City of Dayton, Ohio

Management Intern, May-August 1987

PROFESSIONAL ORGANIZATION & VOLUNTEER EXPERIENCE

American Red Cross

Volunteer – Mental Health Disaster Services 2015 - Present

Autauga County Multi-Needs Committee

Co-Chair 2014-2014

Helping Montgomery Families Initiative

Team Member 2013-2014

Court Diversion Program, Montgomery, Alabama

Volunteer Therapist 2013

National Collaborative to Protect America's Children

Co-Organizer, 2011- 2013

- Developed innovative strategy for national organizations to work together to improve response to child maltreatment
- Recruited and involved over 30 national child abuse related organizations to form a National Collaborative
- Directing coordinated efforts of organizations to develop policies and to provide services to colleges and universities

Alabama Chapter of American Professional Society on the Abuse of Children

President 2010- 2012, Past-President, 2005-2007, President, 2003–2005. Vice-President, 2002-2003, Board, 99–01

Quality Assurance Oversight Committee (QA)

Chambers County Department of Human Resources, Chambers County, Alabama;

Chair, 2012, Vice-Chair, 2008- 2011., Committee Member, 2001- 2008.

Alabama Counseling Association

Member, 2012. Presenter, 2012 & 2013 Annual Conference.

Licensed Professional Counselors Association of Georgia, Inc.

Clinical Member, 2012.

Alabama Association for Marriage and Family Therapy

Clinical Fellow Member, 2012

Alabama Network of Children’s Advocacy Centers

Long-Range Planning Committee Chair 2005-2009, Board Member 1999 – 2012, Strategic Plan Coordinator 2009-2010.

Amputee Coalition of America

On-Line Support Group Facilitator, 2007- 2008, ACA Certified Peer Visitor, June 2007 – Present. Counselor, Amputee Youth Summer Camp, 2008, (Amputee), 1961-Present.

American Society for Public Administration

National Finance Committee Chair, 1998-1999; Finance Committee Vice-Chair, 1997-1998; National Council Member, 1996 – 1999; National Young Professionals Forum Chair & Vice-Chair, 1996-1998; Los Angeles Metro Chapter President, 1995 – 1996; Los Angeles Metro Chapter President Elect, 1994 –1995; Vice-President for Program Development LA Chapter, 1993 –1994; Newsletter Editor LA Chapter, 1991–1993; Program Development Intern, National Office, Washington, D.C. April-June 1986. Member, 1986 – 1999.

ACCESS Program – Mentoring and Support Program for Abused & Neglected Children

Advocates for a Child’s Community Education and Socialization Success (ACCESS)

Brigham Young University Student Service Association. November 1986-April 1989

Program Coordinator, 9/87 – 4/89; Assistant Program Director, 1/87 – 9/87; Program Volunteer, 11/86 – 4/89

Johannesburg, South Africa Mission Missionary, *The Church of Jesus Christ of Latter-day Saints.* 9/80-9/82.

Cultural Sensitivity, Counseling, Training, Supervision – Worked with South Africans of Dutch, Indian, Colored, Bantu, and English-origin.- Supervised activities of 20 missionaries. - Spoke Afrikaans.

Boy Scouts of America, Eagle Scout, 1978, Troop Committee Chair, 2012-Pres., Disabilities Access Services Director – National Jamboree 2013, 2011-2013. Scout Master, 2011-2012, Assistant Scout Master, 2007-2010. Den Leader, 2005-2007, Explorer Leader, 1994–1995. Climbing Director 2009-pres., Woodbadge 2009, Disabilities Awareness Staff, National Jamboree 2010, Commissioner, 2010, District Training Chair, 2010-2011.

TRAINING, HONORS, AWARDS

- **Secondary Stress Syndrome: Traumatic Stress in Treatment Providers (PRESENTER)**
Breaking The Cycle of Abuse, Conference Presenter, Hamilton Alabama, April 2015
- **Poly-Victimization: Treating Children Who Have Been Subjected to Multiple Types of Trauma (PRESENTER)**
Breaking The Cycle of Abuse, Conference Presenter, Hamilton Alabama, April 2014
- **Recognizing the Signs of Symptoms of Child Abuse for the Mandatory Reporter (PRESENTER)**
Mandated Reporter Training Program Presentation Creator/Presenter
Alabama Counseling Association, 46th Annual Conference, 2012, 47th Annual Conference, 2013
National Conference on Child Sexual Abuse Prevention, Alabama, 2006, Child Safety Conference, 2008

*Chambers, Randolph, Tallapoosa, & Elmore County Schools 2001-2012, 2014 Head Start, 2001, 2005, 2008, 2009
Child Care Resource Center 2001-2012, Alabama Social Work Conf. 2009 & Other Venues 2001-Present*

- **Recognizing and Responding to Child Abuse for Law Enf., Social Workers, & Prosecutors (PRESENTER)**
*Breaking The Cycle of Abuse, Conference Presenter, Hamilton Alabama, April 2002, 2010
Chambers Co. DHR & Law Enforcement Training, Randolph Co. DHR, Tallapoosa Co. DHR*
- **Recognizing and Responding to Child Abuse for the Medical Community (PRESENTER)**
EMTs, Roanoke Hospital, Circle of Care, Lanier Hospital, Lake Martin Hospital, Russell Medical Center 2006-2012
- **Online Safety and Cyberbullying (PRESENTER)** Breaking the Cycle of Abuse Conf., Hamilton, AL, 2010-12, Various, School Districts 2008-2012, Chambers, Tallapoosa, & Randolph Counties, Alabama.
- **Ethics for Mental Health Professionals (PRESENTER)** Hamilton, Jasper, AL, 2009, 2011, 2012
- **Child Sexual Abuse Medical Evaluation (PRESENTER)** Breaking the Cycle of Abuse Conf., Hamilton, AL, 2006-2007
- **Child Sexual Abuse – Therapy 400 (PRESENTER)** Breaking the Cycle of Abuse Conf., Hamilton, AL, 2012
- **The Effects of Child Abuse (PRESENTER)** Breaking the Cycle of Abuse Conference, Hamilton Alabama, 2004
- **Child Neglect (PRESENTER)** Breaking the Cycle of Abuse Conference, Hamilton Alabama, April 2003.
- **Don't You People Talk To Each Other: Child Abuse Investigation From A Child's Perspective (PRESENTER)**
Keynote Speech, Breaking the Cycle of Abuse Conference, Hamilton Alabama, April 2002.
- **Issues for Alabama's Multidisciplinary Teams (PRESENTER)**
- **0-3 Training (PRESENTER)**, Child Care Resource Center
- **Mastering the Magic of Love [Couples Communication Skills] (PRESENTER)**, Circle of Care, 2007-2012.
- **Trauma Focused – Cognitive Behavioral Therapy Learning Community**, Family Sunshine Center, 2014-2015
- **Advanced Trauma Focused – Cognitive Behavioral Therapy**, AUM, 2014
- **Promoting Wellness Across the Rainbow – Lifespan Wellness LGBT**, ALBGICAL, 2015
- **Multicultural Competency**, Mental Health America/Laurel Oaks 2014
- **In Home Intervention Supervision and Case Management Supervision** DMH Alabama, 2013.
- **Clinical Supervision: Developmental, Theoretical, Evaluative & Ethical Issues (24 hrs.)** Mental Health Matters, 2012.
- **Responding to the Call of Clients with Suicidal Pain: Assessment and Intervention**, LPCA of Georgia, 2012.
- **Rethinking Attention-Deficit Hyperactivity Disorder**, LPCA of Georgia, 2012
- **Investigative & Forensic Interviewing**, Alabama Dept. of Human Resources/Children's Justice Task Force. Nov. 2011.
- **National Symposium on Child Abuse**, Huntsville Alabama. 2000 – 2012
- **Addiction: Food, Sex and the Brain**, (6 hrs.) Patrick Carnes, PhD, Ralph Carson, PhD, Pine Grove, 2006
- **Treating Destructive Beliefs, Feelings, And Behaviors**, Lima Associates, Albert Ellis. March 2003.
- **San Diego Conference on Responding to Child Maltreatment**, Children's Hospital San Diego. Jan. 2002, Jan. 2000.
- **Family Advocate Program Management**, National Children's Advocacy Center, Huntsville Alabama. March 13, 2000.
- **Nancy O'Leary National CAC Academy Training on Child Advocacy Center Management**, National Children's Advocacy Center, Huntsville Alabama. March 20-24, 2000.
- **American Society on the Abuse of Children: Assessment and Treatment of Traumatized Children**. March 2000.
- **American Society on the Abuse of Children–Advanced Training Institute: Child Forensic Interviewing**. Jan. 2000.
- **Stewart L. Grow Award** Institute of Public Administration, Brigham Young University, 1989
Awarded to the most outstanding student in the MPA program.
- **Brigham Award** Brigham Young University, April 1989. University's foremost student award for service
- **Phi Kappa Phi** The Honor Society of Phi Kappa Phi, May 1989.

REFERENCES

Available upon request